

**ROCKVILLE CENTRE UNION FREE SCHOOL DISTRICT**  
**Medical COVID-19 FAQs**

1. Can I send my child to school if someone in my household is sick with COVID-19 or has COVID-19 like symptoms?

**ANSWER:** No. Please contact your school nurse and give the reason for your child's absence. The school nurse will advise you that a clearance note is required before returning to school. The clearance note must state a COVID-19 or Non-COVID diagnosis and give the date your child is cleared to return to school.

2. If my child is diagnosed with COVID-19, can I send my other children to school? If not, when can I send them back to school?

**ANSWER:** No. The entire household will need to quarantine for at least 10 days as per Nassau County Department of Health (DOH). Also, per DOH, your sick child must remain on quarantine for 10 days from the date of the COVID-19 test. If your sick child was not tested for COVID-19 but was given a COVID-19 diagnosis by your healthcare provider, your sick child must remain on quarantine for 10 days from the day he/she developed symptoms.

3. What documentation does my child need to return to school if he/she was diagnosed with COVID-19?

**ANSWER:** If your child was diagnosed with COVID-19, he/she will need to provide a clearance note from your healthcare provider stating that he/she was diagnosed with COVID-19, is no longer contagious and may return to school on a specific date. You could also provide **a copy of the quarantine release letter or text from the Department of Health which can be found by visiting <https://app.nassaucountyny.gov/DOH/covid-release/>.**

4. What do staff members/students need in order to return to school if they are deemed a direct contact by Nassau County DOH and placed on a 10-day quarantine?

**ANSWER:** Staff members/students will need to provide a clearance note from a healthcare provider stating that the 10-day quarantine period has been completed and that they may return on a specific date. You may also provide **a copy of the quarantine release letter or text from the Department of Health which can be found by visiting <https://app.nassaucountyny.gov/DOH/covid-release/> or <https://health.suffolkcountyny.gov/CovidReleaseLetters/Release.aspx>.**

5. What happens if my child is sent home sick from the nurse's office at school?

**ANSWER:** Your child's school nurse will send your child home with a form from the health office explaining his/her symptoms. Your child will need a clearance note from your healthcare provider stating a NON-COVID or COVID-19 diagnosis along with a date he/she is cleared to return to school.

6. If my child is quarantined, can he/she access remote learning from home?

**ANSWER:** Yes. All children placed on quarantine may attend class at home remotely.

7. Does the RVC School District require COVID-19 testing for any child or staff member experiencing COVID-19 like illness or symptoms?

**ANSWER:** No. The RVC School District does not require COVID-19 testing unless it is required by Nassau County DOH and/or your healthcare provider.

8. If someone in your household is waiting for COVID-19 test results due to having symptoms of COVID-19, can students come to school?

**ANSWER:** No. Students must wait until COVID-19 results are returned before entering RVC schools.

9. If someone in the household is waiting for COVID-19 test results due to being deemed a direct contact BUT has no COVID-19 like symptoms, can non-direct contact household members attend work and school?

**ANSWER:** Yes, as long as the person who was tested for COVID-19 is not symptomatic.

10. Can staff members/students come to school if a household member is waiting for COVID-19 test results due to pre-surgical testing, recent travel, or other mandated testing?

**ANSWER:** Yes. Students and staff members may come to school since the household member was tested for pre-surgical testing, return from travel, or other mandated testing without being exposed to a positive case or having symptoms.

11. Can parents choose remote learning for the day if they keep their child, who is feeling under the weather, home for the day?

**ANSWER:** No. Remote access to the curriculum is granted for those students who are quarantined due to COVID-19 or COVID-like illness after being diagnosed by their healthcare provider or while waiting for COVID-19 test results.

12. What if a staff member chooses to test themselves for COVID-19 without presenting symptoms or being deemed a direct contact?

**ANSWER:** The staff member will attend work unless the staff member becomes ill.

13. Recently, New York State and Nassau County DOH adopted a shortened COVID-19 quarantine period. Will the District adopt these guidelines?

**ANSWER:** Yes, the District continues to abide by guidelines set forth by New York State and the Nassau County Department of Health. Quarantine periods will be 10 days.

14. What if a staff member or student travels to a Restricted State?

**ANSWER:** For travel outside of NY State for more than 24 hours, such travelers must:

- a. Obtain testing within 72 hours prior to arrival in New York AND
- b. Upon arrival in New York, quarantine for at least three days upon arrival, and get tested on the fourth day of arrival.
- c. If travelers receive a negative test on the fourth day of their quarantine, they can exit quarantine.

- d. All test results must be provided to your school nurse prior to or on the day of returning to school/work.
- e. If the above procedure is not followed, the traveler will be required to quarantine for 10 days upon returning to New York State.

Travel to States identified as Contiguous States are not subject to the above travel restrictions. Contiguous States are Pennsylvania, New Jersey, Connecticut, Massachusetts and Vermont.

15. If my child was diagnosed with COVID-19 within the last 90 days and is deemed a direct contact, does my child need to quarantine?

**ANSWER:** No. Proof of such diagnosis must be on file at the school nurse's office.

16. If a person has positive antibodies, will he/she be required to quarantine if deemed a direct contact?

**ANSWER:** Yes. Since it is unclear how long antibodies remain in the body, NYS DOH requires that quarantine periods be applied to everyone. Unless a COVID-19 diagnosis has been made within the previous 90 days, quarantine periods will apply.

17. If a person has received both doses of the COVID-19 vaccine, will he/she be required to quarantine if deemed a direct contact to a positive COVID-19 case?

**ANSWER:** Yes. Currently we have been told that vaccination does not release you from quarantine requirements.